

City of Westfield
Health Plan Trustees Meeting
Conference Room 315
October 12, 2023

Trustees:

Present: Alison Frary, Matthew Barnes, Shannon Barry, and Jamie Naughton

Absent: Vicki Moro

Also in attendance: Anne Larkham Personnel Director for the City of Westfield, Russ Denver and Marc Criscitelli from HUB International

The meeting was called to order by Alison Frary at 2:00 PM.

The minutes of this meeting were taken by Matthew Barnes.

The following agenda items were discussed at this meeting:

- A motion was made by Matthew Barnes, seconded by Shannon Barry and voted 4-0 to approve the minutes of the September 21, 2023 meeting.
- Retiree Renewal Rate: Alison Frary stated that the IAC recommends a 1% increase to the Medex 2 rate and the addition of \$150 fitness benefit and \$150 weight loss benefit. The additional benefits are included with the Managed Blue plan. Anne Larkham stated that the Mayor also recommended a 1% increase and Anne Larkham agreed with the increase. Jamie Naughton made a motion to increase the Medex 2 rate by 1% and add \$150 fitness benefit and \$150 weight loss benefit. The motion was seconded by Shannon Barry and approved 4-0.
- Wellness: Alison Frary stated that at the last IAC meeting, the IAC asked if Trust funds could be used for wellness programs or to reward participants. Russ Denver interprets the Trust language to allow the use of funds for wellness programs or rewards. Marc Criscitelli reviewed wellness plan options. Anne Larkham has asked the Law Department to review the Trust document for an opinion regarding the use of Trust funds for wellness programs. Matthew Barnes also asked that Anne Larkham ask Law if Trust funds can be used for employees who are not participants of a health insurance plan. Alison recommended forming a committee to determine what wellness programs would be offered and to begin any programs requiring the expenditure of funds on July 1, 2023. Marc also reviewed programs that could be implemented now at no cost, such as sending educational materials to all employees. HUB has a Health and Performance Director that can analyze the claims history to present focused wellness options to the committee to try to reduce potential claims and improve the health of members.
- A motion was made by Matthew Barnes, seconded by Jamie Naughton and voted 4-0 to adjourn the meeting at 2:23 PM.

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